

EP&R Dispatch



2019 Winter Edition

What's happening at Eudora Parks and Recreation?

The 6th Annual December Dash! - 5k Run/Walk/Crawl



Join us for our 6th Annual "December Dash!"
5k Run/Walk/Crawl!

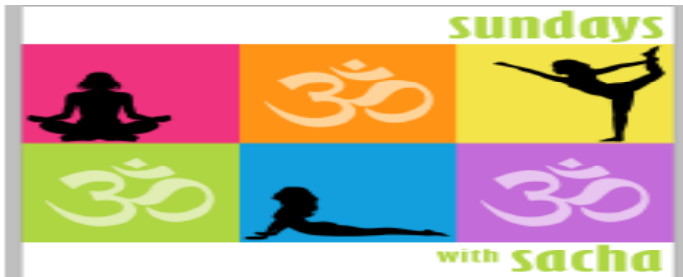
Saturday, December 15 beginning at 10:30am

\$15 registration before 12/8/18 includes T-Shirt
\$20 registration AFTER 12/9/18 - NO T-Shirt guarantee
(Shirts available to order day of event)

PRE-REGISTER PLEASE!!!
Forms to be made available online or at Community Center



Sundays with Sacha - Yoga/Pilates for all ages and levels



End Your Weekend and Start Your Week
RELAXED and REJUVENATED

Join certified instructor, Sacha Dick, for this class and exercise your mind and body.

SUNDAYS — 5:30PM-6:30PM (Winter hours) @ EUDORA COMMUNITY CENTER
\$7 PER DROP-IN CLASS OR \$60/10 CLASSES

Contact: sachafire@gmail.com — Please bring your own mat...all ages and levels!



Pickleball !!! - FREE play, come join the fun!!!

What is Pickleball?

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use paddles to hit a "wiffle ball", over a net. We have FREE play most every Tuesday and Thursday mornings from 9:30am-11am AND, get together on Wednesday evenings from 6-8pm

Come see what all the craze is about!

Community Garage/Rummage Sale

Eudora Parks and Recreation Multi-Family and Friends Garage/Rummage Sale

Sell your gently used items, crafts, toys, games, miscellaneous stuff and more!

Anyone interested in selling items may rent 8-foot tables or space at a price of \$10 each. Tables/space will be limited.

Register and reserve your space at the Community Center please.

Saturday
January 26
8a-12p
1630 Elm St.

Eudora Wellness Center

"Where your wellness is our business..!"

MONTHLY MEMBERSHIPS

	Monthly	Six-Month	Annual
Adult Membership	\$24/month	\$120	\$240
Senior Membership (55+)	\$15/month	\$75	\$150
Family Membership	\$36/month	\$180	\$360***
Family Senior Membership	\$25/month	\$125	\$250***

*(*** Includes Season Pool Pass!)*

Weekly Punch Pass Memberships

7 punches/\$15 — Adult

7 punches/\$10 — Senior/Student

Daily Charges — \$3.00, adult \$2.00, student \$1.50, senior

Eudora Wellness Center offers:

Treadmills, Elliptical Machines, Recumbent Bikes, Upright Bike, Dual Universal Weight Machines that work every part of your body, a Power-Squat Rack, with plenty of dumbbells and benches for free weights.

Come check us out today! — NO contracts, no hidden fees...no nonsense!

Tumbling 101!!! - Beginning gymnastics

"Tumbling 101" is aimed at both boys and girls from toddler-age and up!

Tumbling drills, stretches, and beginning gymnastic moves are emphasized. **Begins January 5!**

Classes held Saturday afternoons in gym.

2-3yrs - 3:00pm

4-6yrs - 3:45pm

7yrs up - 4:30pm

\$50/six-week session - Pay instructor at class - Email kristyspellman@yahoo.com for more info



Eudora Community Center

HOURS OF OPERATION

Fall/Winter Hours

(Beginning Sept. 3)

Mon-Thurs.—7:00am-9:00pm

Fri.—7:00am-7:00pm

Sat.—9:00am-7:00pm

Sun.—1:00pm-6:00pm

Please call ahead for open-gym times.



Eudora Parks and Recreation

1630 Elm Street - P.O. Box 182

Eudora, Kansas 66025

(785)542-3434 or 542-1725

www.eudoraparksandrec.org

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